



BREAKFAST

Full English Breakfast (served until 12:00) €17,00

(bacon, english sausage, beans, fried egg, tomato, mushrooms, toast, coffee & orange juice)

Avocado & Scrambled Egg on Toast €8,90

Bacon & Egg on Toast €8,90

Plain Omelet with Toast €11,50



SNACKS

(served until 18:30)

SANDWICHES, WRAPS & OTHERS

(all served with fries)

Club €16,50

(chicken, bacon, egg, tomato, lettuce & mayonnaise)

Salmon Club €17,50

(smoked salmon, cucumber, egg, tomato, lettuce & cream cheese)

Veal Steak €17,50

(small beef steaks, rocket, tomato, red onion & Dijon mustard)

Caesar Wrap €15,50

(chicken, romaine lettuce, croutons, Parmesan cheese & caesar dressing)

Atlantic Wrap €15,50

(prawns, romaine lettuce, tomato, fresh pineapple & cocktail sauce)

Cheese Burger €14,50

(100% beef, onion, tomato, Cheddar cheese & rocket)

Clubhouse Burger €16,50

(100% beef, rocket, tomato, Cheddar cheese, bacon & caramelized onions)



EASY SANDWICHES

Chicken €8,00

(chicken, guacamole, rocket & tomato)

BLT €7,50

(bacon, lettuce & tomato)

Tuna €7,50

(tuna, lettuce, egg, onion & mayonnaise)

HOT SANDWICHES

(all served with fries)

Roast Beef €15,00

(roast beef, caramelized onions, Cheddar cheese & Dijon mustard)

Smoked Ham €14,00

(Brie, smoked ham & sun-dried tomatoes)

Vegetarian €14,00

(grilled vegetables, romesco sauce, sun-dried tomatoes & rocket)

FRESH SALADS

Crispy Chicken Caesar €16,90

(chicken, romaine lettuce, croutons, Parmesan cheese, caesar dressing, crispy bacon & cherry tomato)

Salmon €17,50

(smoked salmon, iberian salad, capers & orange vinaigrette)

Boavista €16,90

(smoked ham, goat cheese & mango on a special Chef's sauce)

Tuna €16,50

(tuna, tomato, avocado, cucumber, egg, green olives & soy beans)

EGGS & PASTA

Ham & Cheese Omelet €15,00

Black Spaghetti with Prawns & Mussels €19,90

VEGETARIAN DISHES

Rice Pasta with Tofu & Vegetables €16,90

Veggie Burger €16,00

(avocado paste, onion rings, tomato & rocket)

Veggie Curry with Basmati Rice €16,90

Fresh Asparagus Risotto €18,90

CHILDREN

Chicken Nuggets with Fries €11,00

Burger & French Fries €11,00

Spaghetti Bolognese €11,90

À LA CARTE MENU

(from 12:00 to 18:00)

SOUPS & APPETIZERS

Couvert €5,50

(homemade paté, marinated carrots, marinated olives, bread & butter)

Vegetable Cream Soup €5,00

Pan Fried Prawns with Garlic €14,00

Melon with Aljezur Smoked Ham €13,50

SEA

Sea Bass Fillet with Potato & Vegetables €23,00

(with citrus sauce, leek puree, vegetables & sautéed potatoes)

Prawn Curry with Basmati Rice €19,00

Salmon Fillet with Potato & Vegetables €23,00

(with vegetables, sautéed potatoes & caper sauce)

LAND

Sirloin Steak €25,00

(wedges potatoes, mustard sauce, mushrooms & padrón peppers)

Duck Breast on a Smooth Orange Sauce €23,00

(with mashed potato and vegetables)

Grilled Spare Ribs with BBQ Sauce €23,00

(wedges potatoes, mushrooms & padrón peppers)

Beef Stroganoff with Aromatic Basmati Rice €19,00

Grilled Lamb Chops €25,50

(wedges potatoes, mushrooms, mint sauce & padrón peppers)

Chicken Curry with Flavored Basmati Rice €19,00

SOBREMESAS

Apple Pie with Custard & Ice Cream €7,50

Chef's Dessert €6,00

Seasonal Fruit €5,50

Cheese Board €11,90

Petit Gâteau with Ice Cream €7,50

Brownie with Ice Cream €7,50

POKÉ BOWLS



Chicken Bowl €15,00

(chicken, quinoa, egg, cucumber, cherry tomatoes, mango, avocado, soy & sweet corn)

Hummus Bowl €15,00

(hummus, couscous, chickpeas, mango, cherry tomatoes, cucumber, avocado, yogurt, Feta cheese)

Tofu Bowl €16,00

(tofu, mango, quinoa, avocado, cucumber, soy, cherry tomatoes, sesame seeds, pumpkin seeds, Teriyaki sauce)

Salmon Bowl €17,00

(smoked salmon, quinoa, cucumber, cherry tomatoes, mango, avocado, capers, boiled egg & soy)

SIDES

Garlic Rice €2,90

Mashed Potato €2,90

Extra Bacon €2,50

Punched Potato €2,90

Spinach €3,50

Asparagus €3,90

Mixed Salad €3,00

Tomato Salad €4,00

Salmon €4,00

Fried Egg €2,00

Mushrooms €3,50

In this establishment there is a complaints book. VAT included.

No dish, food or drink including the couvert, can be charged if not requested by the customer.